## **Energy To Perform Everyday**



B vitamins help your body release energy from food to stay alert and energetic. They are important to support the normal function of your nervous system as they carry information to and from your brain

> Supports a healthy immune system and an antioxidant to protect your cells from the effects of free radicals

Works with B vitamins to help your body release energy from food and to maintain proper muscle function Assists muscle function and helps in the development and maintenance of bones and teeth

## Smart Calories for Better Nutrition with palatinose

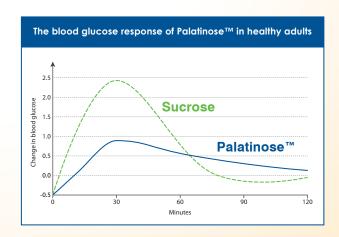
Palatinose™ supplies the body with the same amount of energy as sucrose does

Palatinose™ is released more slowly than sucrose and the blood glucose peak is therefore lower

Palatinose™ provides balanced, longer lasting and sustained energy supply for the body

**Palatinose™** is the ideal carbohydrate for athletes and all others who count on physical stamina

Palatinose™ promotes fat burning (fat oxidation) by increasing the use of body fat and fatty acids as an energy source



References: (1) Health Canada. (2007) Monograph: Multi-Vitamin/Mineral Supplement. http://webprod.hc-sc.gc.ca/nhpid-bdipsn/atReq.do?atid=multi\_vitmin\_suppl (14 September 2015). (2) Expert Committee On Nutrition, Health Claims And Advertisement. (2011) Guide To Nutrition Labelling and Claims (as at December 2010), Food Safety and Quality Division, Ministry of Health Malaysia. (3) EFSA Panel on Dietetic Products, Nutrition and Allergies (NDA). (2011) Scientific Opinion on the substantiation of health claims related to the sugar replacers xylition, and including isomalt, erythritol, D-tagatose, isomaltulose, sucralose and polydextrose and maintenance of tooth mineralisation by decreasing tooth demineralisation (ID 463, 464, 563, 618, 647, 1182, 1591, 2907, 2921, 4300), and reduction of post-prandial glycaemic responses (ID 617, 619, 669, 1590, 1762, 2903, 2908, 2920) pursuant to Article 13(1) of Regulation (EC) No 1924/2006, EFSA Journal 2011; 9(4):2076. Food and Drug Administration. (2008) Food Labeling: Health Claims; Dietary Noncariogenic Carbohydrate Sweeteners and Dental Caries. Federal Register 2008 May 27;Vol. 73, No. 102, page 30301.